

**The Chinese American Medical Association of Southern California (CAMASC)
proudly presents a continuing medical education activity on**

“Same Diseases, Different Continents”

CME Activity I

Friday, November 11, 2011-Saturday, November 12, 2011

Huashan Hospital, Fudan University

12 Wulumuqi Zhong Road, Shanghai, 200040, China

Program Overview

As China modernizes and lifestyles change, the Chinese population in China and the United States faces a common spectrum of health problems. These illnesses include hepatitis B, cardiovascular disease, psychiatric and neurological illnesses. Hepatitis B is highly prevalent, and neurological illnesses constitute major management challenges as the Chinese population ages. Furthermore, hypertension is the leading cause of preventable deaths in the Chinese population. This situation also applies to Overseas Chinese populations situated in countries such as the United States, particularly in Southern California where the Chinese immigrant population has been growing rapidly in the last decade.

These considerations suggest gaps in knowledge in how common diseases in similar populations of Chinese patients are managed in different continents at the primary care level. Comparisons are especially appropriate now as the medical system in East Asia has advanced and become comparable to those in Western countries, and as East Asian quality improvement methodology has matured. These intercontinental gaps are in addition to the gaps caused by the development and application of new disease specific knowledge to improve patient outcomes, and differ from cultural competence gaps identified in the United States.

This educational meeting is needed to discover whether there are gaps in intercontinental medical knowledge, in addition to addressing gaps in disease-related knowledge, competence, and performance. This will be a live educational forum which will allow our community physicians from Southern California to meet and have an open dialogue with conference lecturers from the United States, Shanghai, and Hong Kong on different approaches to disease management and treatment options that are also culturally sensitive, the goal of which is to improve knowledge, competence, and performance for better patient care.

Target Audience

The target audience for this CME activity will consist of physician members of CAMASC and non-members who primarily serve the Chinese population in the Los Angeles Basin and surrounding areas in Southern California and other Chinese populated regions, which includes family practice and internal medicine physicians, physicians of all other medical specialties, and physicians-in-training.

Accreditation Statement



The Chinese American Medical Association of Southern California (CAMASC) is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The Chinese American Medical Association of Southern California (CAMASC) takes responsibility for the content, quality and scientific integrity of this CME activity.

Credit Designation Statement

The Chinese American Medical Association of Southern California (CAMASC) designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Educational Method

The conference will consist of six (6) live lectures, presented by distinguished faculty to facilitate the different educational needs of a diverse audience. The activity will employ a combination of educational methods, including live didactic lectures, case studies, and interactive techniques such as group discussions, question/answer sessions, post-activity evaluations, and 3-month follow-up evaluations.

All attendees will be asked to complete the post-activity evaluations online in order to receive certificates of CME credit.

California Assembly Bill (AB) 1195

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curricula in the subjects of cultural and linguistic competency.

Commercial Support

This activity may be funded, in part, by grant and exhibit fees from commercial interests, in compliance with the Accreditation Council for Continuing Medical Education (ACCME) and the Institute for Medical Quality/ California Medical Association (IMQ/CMA) standards and guidelines. As of this webpage publishing, a complete listing of commercial supporters was not available. Detailed disclosures will be made to the participants in accordance to the accreditation standard and appropriate acknowledgment will be given to all supporters prior to the CME presentation begins at this activity.

Disclosure Statement

As a CME provider accredited by IMQ/CMA, CAMASC must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control or deliver the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigative use of pharmaceuticals or instruments discussed in their presentation. Detailed disclosures will be made at this activity prior to the CME presentations and on course materials.

Americans with Disabilities Act

CAMASC complies with the Americans with Disabilities Act. Please contact our CME Administrator at 213-572-0631 or camasc@foundationpamc.org no later than Friday, October 28, 2011. Every reasonable effort will be made to accommodate your special needs.

Conference Agenda

Date: Friday, November 11, 2011

Location: Huashan Road, Block #1, 12th floor meeting room
Huashan Hospital, Fudan University
12 Wulumuqi Zhong Road, Shanghai, P.R.C. 200040

7:00AM Registration

8:00AM Stroke in Chinese Patients

Liang Wang, M.D.

Associate Professor & Vice Director, Department of Neurology, Huashan Hospital, Fudan University

Purpose

Describe recent advances in stroke research that are relevant for primary care providers

Objectives

- Review findings on the epidemiology of stroke from the China Ischemic Stroke Registry
- Describe primary care interventions that may reduce the incidence of strokes in Chinese, including cholesterol, hypertension, and the use of antiplatelet therapy
- Summarize ongoing research approaches to stroke

9:00AM Treatment of Hepatitis B in the PRC and the USA

Jiming Zhang, M.D.

Professor of Medicine & Vice Director, Department of Infectious Diseases, Huashan Hospital, Fudan University

Firmin Ho, M.D.

President, Southern California Society of Gastroenterologists & Past President, Chinese American Medical Association of Southern California

Purpose

To improve the management of patients with hepatitis B

Objectives

- Review the agents available for treating hepatitis B, and their indications
- Summarize and compare different guidelines
- Demonstrate how to select patients for antiviral therapy by risk stratification

10:00AM Diagnosis and Management of Hypertension in Chinese Patients

Ying Shan, M.D.

Associate Professor, Department of Cardiology, Huashan Hospital, Fudan University

Purpose

To discuss recent research on management of hypertension in Chinese patients.

Objectives

- Review data on toxicity of different classes of hypertension medications in Chinese patients
- Review data on Joint National Commission 7 guidelines and their applicability to Chinese patients
- Discuss culturally relevant approaches to improve compliance in Chinese patients

CAMASC reserves the right to make changes wherever deemed necessary.

Conference Agenda

Date: Saturday, November 12, 2011

Location: Huashan Road, Block #1, 12th floor meeting room
Huashan Hospital, Fudan University
12 Wulumuqi Zhong Road, Shanghai, P.R.C. 200040

7:00AM Registration

8:00AM **Cognitive Decline and Dementia**
Qi-hao Guo, M.D.
Associate Professor, Huashan Hospital, Fudan University

Purpose

To review cognitive decline and dementia in Chinese patients

Objectives

- Describe culturally relevant methods for assessing cognitive function in Chinese patients
- Review the relationship of vascular disease to development of dementia
- Review published guidelines from the US and the PRC on cognitive decline and dementia

9:00AM **Screening for Hepatitis B in Chinese Populations**
Firmin Ho, M.D.
President, Southern California Society of Gastroenterologists & Past President, Chinese American Medical Association of Southern California

Purpose

To increase screening for hepatitis B and vaccination rates for patients who do not have hepatitis B

Objectives

- Summarize new information on high risk subpopulations, young women of child bearing age
- Describe educational and cultural barriers to hepatitis B screening and vaccination
- Summarize data on vaccination rates in US and Chinese populations

10:00AM **Cross-Cultural Psychiatry for Primary Care Providers**
Edmond Pi, M.D.
Professor Emeritus of Clinical Psychiatry & Behavioral Science, USC Keck School of Medicine

Purpose

To describe anxiety and depressive disorders for primary care providers of Chinese patients

Objectives

- Describe the methods of cross cultural psychiatry
- Summarize recent findings on recognition of anxiety and depression in Chinese patients
- Summarize evidence on differences in metabolism of medications used for Chinese patients with anxiety or depression

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