The Chinese American Medical Association of Southern California (CAMASC) proudly presents a continuing medical education activity on

"Same Diseases, Different Continents" **CME Activity II** Sunday, November 13, 2011 **Sheraton Hong Kong Hotel & Towers** 20 Nathan Road, Kowloon, Hong Kong, China

Program Overview

As China modernizes and lifestyles change, the Chinese population in China and the United States faces a common spectrum of health problems. These illnesses include diabetes, cardiovascular disease, and lung cancer. The incidence of diabetes and lung cancer is rising and expected to continue to increase for the near future. Hypertension is the leading cause of preventable deaths in the Chinese population. This situation also applies to Overseas Chinese populations situated in countries such as the United States, particularly in Southern California where the Chinese immigrant population has been growing rapidly in the last decade.

These considerations suggest gaps in knowledge in how common diseases in similar populations of Chinese patients are managed in different continents at the primary care level. Comparisons are especially appropriate now as the medical system in East Asia has advanced and become comparable to those in Western countries, and as East Asian quality improvement methodology has matured. intercontinental gaps are in addition to the gaps caused by the development and application of new disease specific knowledge to improve patient outcomes, and differ from cultural competence gaps identified in the United States.

This educational meeting is needed to discover whether there are gaps in intercontinental medical knowledge, in addition to addressing gaps in disease-related knowledge, competence, and performance. This will be a live educational forum which will allow our community physicians from Southern California to meet and have an open dialogue with conference lecturers from the United States, Shanghai, and Hong Kong on different approaches to disease management and treatment options that are also culturally sensitive, the goal of which is to improve knowledge, competence, and performance for better patient care.

Target Audience

The target audience for this CME activity will consist of physician members of CAMASC and nonmembers who primarily serve the Chinese population in the Los Angeles Basin and surrounding areas in Southern California and other Chinese populated regions, which includes family practice and internal medicine physicians, physicians of all other medical specialties, and physicians-in-training.

Accreditation Statement

The Chinese American Medical Association of Southern California (CAMASC) is accredited by the Institute for Medical Quality/California Medical Association (IMO/CMA) to provide continuing medical education for physicians. The Chinese American Medical Association of Southern California (CAMASC) takes responsibility for the content, quality and scientific integrity of this CME activity.

Credit Designation Statement

The Chinese American Medical Association of Southern California (CAMASC) designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Educational Method

The conference will consist of four (4) live lectures, presented by distinguished faculty to facilitate the different educational needs of a diverse audience. The activity will employ a combination of educational methods, including live didactic lectures, case studies, and interactive techniques such as group discussions, question/answer sessions, post-activity evaluations, and 3-month follow-up evaluations.

All attendees will be asked to complete the post-activity evaluations online in order to receive certificates of CME credit.

California Assembly Bill (AB) 1195

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curricula in the subjects of cultural and linguistic competency.

Commercial Support

This activity may be funded, in part, by grant and exhibit fees from commercial interests, in compliance with the Accreditation Council for Continuing Medical Education (ACCME) and the Institute for Medical Quality/California Medical Association (IMQ/CMA) standards and guidelines. As of this webpage publishing, a complete listing of commercial supporters was not available. Detailed disclosures will be made to the participants in accordance to the accreditation standard and appropriate acknowledgment will be given to all supporters prior to the CME presentation begins at this activity.

Disclosure Statement

As a CME provider accredited by IMQ/CMA, CAMASC must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control or deliver the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigative use of pharmaceuticals or instruments discussed in their presentation. Detailed disclosures will be made at this activity prior to the CME presentations and on course materials.

Americans with Disabilities Act

CAMASC complies with the Americans with Disabilities Act. Please contact our CME Administrator at 213-572-0631 or camasc@foundationpamc.org no later than Friday, October 28, 2011. Every reasonable effort will be made to accommodate your special needs.

Conference Agenda

Date: Sunday, November 13, 2011

Location: Sung Room, 4th floor

Sheraton Hong Kong Hotel & Towers

20 Nathan Road, Kowloon, Hong Kong, China

9:00AM Registration

10:00AM Recognition and Management of Diabetes in Chinese Patients

Ronald Ma, M.D.

Associate Professor, Department of Medicine and Therapeutics, Prince of Wales Hospital, Chinese University of Hong Kong

Purpose

Discuss and review the epidemiology and management of diabetes in Chinese patients

Objectives

- Review new epidemiologic data on the prevalence of diabetes, and its relation to obesity and body mass index as risk factors
- Review diagnostic and management data for diabetes in Chinese patients
- Review Chinese cultural issues with diabetes management

11:00AM Recent Advances in Lung Cancer

James Ho, M.D.

Clinical Assistant Professor, Department of Medicine, University of Hong Kong, Queen Mary Hospital

Purpose

Review new knowledge on screening and treatment of non-small cell lung cancer

Objectives

- Describe the EML/ALK4 pathway and the role of crizotinib, a pathway inhibitor, in lung cancer
- Summarize data on the use of low dose CT to screen for lung cancer in high risk patients

12:00PM Lunch

1:30PM Heart Diseases – Atrial Fibrillation

Jeffrey Fung, M.D.

Honorary Clinical Assistant Professor, Department of Medicine and Therapeutics, Prince of Wales Hospital, Chinese University of Hong Kong

Purpose

Review risk factors and management of atrial fibrillation

Objectives

- Review new data on epidemiology and risk factors for atrial fibrillation in Chinese patients
- Discuss new treatments for atrial fibrillation
- Review guidelines for the management of atrial fibrillation

2:30PM Prevention of Hypertension Li-Li Hsiao, M.D.

Director, Asian Renal Clinic, Brigham and Women's Hospital & Associate Physician, Harvard University School of Medicine

Purpose

Describe ways to reduce the incidence of hypertension

Objective

- Recognize patients who are prehypertensive
- Describe how to intervene to prevent the development of hypertension

CAMASC reserves the right to make changes wherever deemed necessary.